

CATARACT SURGERY INSTRUCTIONS

3 WEEKS BEFORE SURGERY: Pre-Register at www.blueridgesurgerycenter.com.

Ensure you have your prescription eyedrops, as well as over the counter Systane Ultra to use after surgery.

3 DAYS BEFORE SURGERY: Review your surgery instructions and begin your surgery drops (see back of this sheet).

DAY OF SURGERY:

- Unless directed otherwise DO NOT have anything to eat or drink, including water, gum, or mints after midnight the night before your surgery, or your surgery will be cancelled.
- You may take your morning medications with a small sip of water (no juice or coffee). Continue all medications (including blood thinners) unless Dr. Kelly tells you to stop.
- Diabetics: DO NOT use your insulin or diabetic medications before coming to the hospital. Please bring your insulin or oral medication with you to the hospital to take after surgery.
- Please remove all makeup, fingernail polish, and jewelry. Wash your face with soap and water.
- You MUST have a family member or friend stay with you while you are at the hospital to drive you home. The hospital will cancel your surgery if you do not. You must have someone to help you through the night as well. Expect to be at the facility about 3-4 hours.
- Bring your sunglasses, photo identification, and your insurance cards with you.

AFTER SURGERY:

- **DO NOT RUB YOUR EYE.** You may wipe away tears, but do not rub. If you have a gauze patch, DO NOT remove the patch. Use Systane Ultra (bottle) 3-4 times a day for three months after surgery.
- It is common to have BLURRY VISION for a few days and to see FLOATERS after surgery.
- Do not bend over from the waist or lift anything over 5 pounds for the first 24 hours
- Do not sleep on the side of your surgery for the first 24 hours
- Wear the plastic shield when you sleep tonight or if you take a nap today
- You may continue all your regular medications. You may take Tylenol, Advil, or aspirin if needed for pain
- You may wear your eyeglasses today; they may be too strong, but it will not affect your eyes
- Wear your sunglasses, as you may be sensitive to light because you are dilated from surgery

PLEASE CALL 919-282-1100 IF YOU EXPERIENCE LIGHT SENSITIVITY, SORE EYES, REDNESS, SEVERE PAIN, NAUSEA, OR VOMITING.

Non-Steroidal - Gray Top: Starting 3 days before surgery, instill 1 drop 1 time a day into surgical eye.

- Bromsite
- Prolensa
- Ilevro

Antibiotic – Tan Top: Starting 3 days before surgery, instill 1 drop 3 times a day into the surgical eye.

- Besivance
- Moxifloxacin
- Tobramycin (white top)

Steroid – Pink Top: Starting 3 days before surgery, instill 1 drop 3 times a day into the surgical eye.

- Lotemax SM
- Inveltys
- Durezol

Right Eye/Left Eye	Morning			Noon		Evening	
	Gray	Tan	Pink	Tan	Pink	Tan	Pink
Before Surgery Day 1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Before Surgery Day 2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Before Surgery Day 3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Day of Surgery	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Right Eye/Left Eye	Morning			Noon		Evening	
	Gray	Tan	Pink	Tan	Pink	Tan	Pink
Before Surgery Day 1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Before Surgery Day 2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Before Surgery Day 3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Day of Surgery	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

IF YOU HAVE A GAUZE PATCH, DO NOT PLACE DROPS IN EYE AFTER SURGERY