



POST CATARACT SURGERY CHECKLIST

1. You do not need to wear a shield while sleeping.
2. You can sleep on either side you wish.
3. You may continue your normal routine, shower and shampoo hair, bending from the waist, lifting light objects.
4. Please wash hands before using eye drops.
5. **DO NOT RUB YOUR EYE!!**

DROP INSTRUCTIONS:

WAIT 5 MINUTES BETWEEN EACH DROP

Non-Steroidal - Gray Top: Bromsite Prolensa Ilevro

Continue using1 drop 1 time a day for 3 weeks

Antibiotic – Tan Top: Besivance Moxifloxacin Tobramycin (white top)

Continue using.....1 drop 3 times a day for 1 week.
(If you run out before 1 week, just stop. You do not need a refill.)

Steroid – Pink Top: Lotemax SM Inveltys Durezol

Continue using.....1 drop 3 times a day for 1 week,
then 2 times a day for 1 week,
then once a day for 1week then stop.

Systane Ultra – available over the counter

Use 1 drop 3 times a day for 3 months after surgery.

Call if you have pain not relieved with medications, nausea, or decreased vision. If you have any questions, please call our office at 919-282-1100.

Right Eye/Left Eye		Morning			Noon		Evening	
		Gray	Tan	Pink	Tan	Pink	Tan	Pink
Week 1	Day 1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Day 2	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Day 3	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Day 4	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Day 5	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Day 6	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Day 7	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Week 2	Day 1	<input type="radio"/>		<input type="radio"/>				<input type="radio"/>
	Day 2	<input type="radio"/>		<input type="radio"/>				<input type="radio"/>
	Day 3	<input type="radio"/>		<input type="radio"/>				<input type="radio"/>
	Day 4	<input type="radio"/>		<input type="radio"/>				<input type="radio"/>
	Day 5	<input type="radio"/>		<input type="radio"/>				<input type="radio"/>
	Day 6	<input type="radio"/>		<input type="radio"/>				<input type="radio"/>
	Day 7	<input type="radio"/>		<input type="radio"/>				<input type="radio"/>
Week 3	Day 1	<input type="radio"/>		<input type="radio"/>				
	Day 2	<input type="radio"/>		<input type="radio"/>				
	Day 3	<input type="radio"/>		<input type="radio"/>				
	Day 4	<input type="radio"/>		<input type="radio"/>				
	Day 5	<input type="radio"/>		<input type="radio"/>				
	Day 6	<input type="radio"/>		<input type="radio"/>				
	Day 7	<input type="radio"/>		<input type="radio"/>				