



POST CATARACT SURGERY CHECKLIST

1. You do not need to wear a shield while sleeping
2. You can sleep on either side you wish
3. You may continue your normal routine, shower and shampoo hair, bending from waist, lifting light objects
4. Please wash hands before using eye drops
5. **DO NOT RUB YOUR EYE!!**

DROP INSTRUCTIONS:



Ilevro (gray top) Continue using 1 drop 1 time a day for 3 weeks



Besivance (tan top) Continue using 1 drop 3 times a day for one week.
(If you run out before 1 week, just stop. You do not need a refill.)



Durezol (pink top) Continue 1 drop 3 times a day for 1 week, then
2 times a day for 1 week, then
1 time a day for 1 week, then STOP.

WAIT 5 MINUTES BETWEEN EACH DROP

Expect vision to continue to improve.

Use **SYSTANE ULTRA** (bottle) 3 times daily for 3 months after surgery.

Take aspirin or non-aspirin pain reliever if necessary

Call if you have pain not relieved with medications, nausea, or decreased vision. If you have any questions, please call our office at 919-282-1100.

Right Eye/Left Eye		Morning			Noon		Evening	
		Ilevro	Besivance	Durezol	Besivance	Durezol	Besivance	Durezol
Week 1	Day 1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Day 2	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Day 3	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Day 4	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Day 5	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Day 6	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Day 7	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Week 2	Day 1	<input type="radio"/>		<input type="radio"/>				<input type="radio"/>
	Day 2	<input type="radio"/>		<input type="radio"/>				<input type="radio"/>
	Day 3	<input type="radio"/>		<input type="radio"/>				<input type="radio"/>
	Day 4	<input type="radio"/>		<input type="radio"/>				<input type="radio"/>
	Day 5	<input type="radio"/>		<input type="radio"/>				<input type="radio"/>
	Day 6	<input type="radio"/>		<input type="radio"/>				<input type="radio"/>
	Day 7	<input type="radio"/>		<input type="radio"/>				<input type="radio"/>
Week 3	Day 1	<input type="radio"/>		<input type="radio"/>				
	Day 2	<input type="radio"/>		<input type="radio"/>				
	Day 3	<input type="radio"/>		<input type="radio"/>				
	Day 4	<input type="radio"/>		<input type="radio"/>				
	Day 5	<input type="radio"/>		<input type="radio"/>				
	Day 6	<input type="radio"/>		<input type="radio"/>				
	Day 7	<input type="radio"/>		<input type="radio"/>				